



## Information for our patients

We are very happy that you have chosen to be treated by us. We want to do complete justice to your trust in us and in traditional Chinese medicine methods. In order that you can attend your sessions fully informed we would like to advise you about the specific treatments.

### Generally

Traditional Chinese medicine offers extremely different methods of treatment. Your body can react individually to the treatment. Side effects or complications are rare. If, however, you experience any unpleasant side effects please inform us immediately.

If you have an artificial heart valve and take anticoagulant (blood thinning) drugs (Cumarinderivate, Heparine) or suffer from an abnormal blood clotting disorder, our regular medical practitioner must be informed before treatment begins. This is to safeguard your well-being. A treatment involving the use of needles will if necessary be avoided. Taking Aspirin and/or similar medicines (antiinflammatory antirheumatic drugs) only marginally increases the risk of bleeding. Please inform the TCM specialist about any possible pregnancy. Certain acupuncture points can cause premature contractions.

We would be more than happy to answer and discuss any queries you may have. You, your health and your well-being are our priority.

### What side effects can occur from acupuncture?

Even following acupuncture which has been conducted completely correctly possible light side effects can occur such as:

- Tiredness, above all following the first session. This can last several hours and in exceptional cases reduce driving capability.
- Light dizziness during or following a treatment has been noted in some individual cases at the start of the treatment, on overtired patients and treatment on an empty stomach.
- Light bruising at the puncture site – by the use of disposable needles there is absolutely no risk of infection. That also applies to the transmission of viral diseases such as AIDS and Hepatitis C.
- Irritation (pressure, redness) at the puncture point.

### What side effects can occur from cupping?

Due to the strong suction reflex, cupping can cause blue blotches (bruises). These are harmless and disappear in a few days. A skin reaction (with blistering) can occasionally occur.

### What side effects can occur by Moxibustion?

Moxibustion involves the burning of cigar-shaped sticks of moxa (mugwort). These do not come into contact with the skin. Please inform the TCM specialist carrying out the treatment if you are prone to sensitive skin. Likewise, inform the specialist if you suffer from asthma.

### What side effects can occur from the Tui-Na Massage?

The Tui-Na Massage is a very powerful massage. The body can react with sore or aching muscles, or light bruising. At the start of the treatment some patients experience fatigue, as described under «Acupuncture».

### What side effects can occur from Chinese medicines?

The often bitter Chinese medicines can in rare cases cause a gastrointestinal disturbance (diarrhea, abdominal pain). As they are herbal medicines, allergic reactions cannot be excluded. According to the available scientific and medical data the risks are classified as very low.

## Choice of Law and Jurisdiction Clause

1. The treatment-relationship between MediQi therapist and patient is subject to substantive Swiss law.
2. The Swiss courts at the MediQi therapist's domicile or the MediQi therapist's office shall exclusively have jurisdiction over existing and subsequent disputes resultant from the treatment-relationship between the patient and MediQi therapist \_\_\_\_\_ as well as from the respective interrelated contracts.

I have read the «Information for our patients» and agree to the contents.

Date \_\_\_\_\_ Signature Patient \_\_\_\_\_

Date \_\_\_\_\_ Signature MediQi Therapist \_\_\_\_\_

Date \_\_\_\_\_ Signature MediQi Therapist \_\_\_\_\_