

### **Entry Questionnaire**

Name · 姓

Surname · 名

1. Current problem: In a few words, please describe your current problem · 主诉及现病史 What? Where? (Physical location) · 何种症状? 在何部位?

How? (Intensity? Characteristic of pain: stinging, throbbing, dizziness? Progress? Since when?) · 其特点? (强度? 性质: 刺痛,刀割样, 钝痛? 病程? 何时起病?)

Cause of condition? (Worsening factors? Improving factors?) · 病因? (诱发因素? 缓解因素?)

When? (At what times throughout the day?) · 发作时间?

2. Medical history: With the following questions we would like to further elaborate on your state of health. Please answer with YES or NO.

系统病史:为了解您是否有其他疾病,请以是或否回答下列问题。

	YES	NO
a) Do you currently or regularly suffer from any of the following conditions: . 您是否有或经常感到:	是	否
● Fever · 发烧		
• Headache · 头痛		
● Fatique · 疲倦		
• Dizziness · 头晕		
● Appetite disorder · 食欲不正常		
● Weight fluctuation (Gain/Loss) · 体重不正常(肥胖或消瘦)		
● Insomnia · 睡眠障碍		
● Frequent perspiration · 自汗		
● Night sweats · 盗汗		

	YES	NO
● Eye problem · 眼疾	是	否
● Impaired vision · 弱视		
● Inflammation · 炎症		
● Flickering of vision · 视物闪烁		
● Ear problem · 耳疾		
● Tinnitus · 耳鸣		
● Impaired hearing · 耳聋		
● Inflammation · 炎症		
● Flu · 感冒		
● Skin disorder · 皮肤病		
• Rash · 皮疹		
● Eczema · 湿疹		
● Hair loss · 脱发		
● Joint problems · 关节疾患		
• Backaches · 腰背痛		
● Heart conditions · 心脏疾患		
● Palpitation · 心悸		
● Tachycardia · 心动过速		
● Arrythmia · 心律不齐		
● Chest distress · 胸闷		
Heartache		
Angina pectoris · 心痛, 心绞痛		
● Breathing difficulty · 呼吸困难		
● Cough · 咳嗽		
● Phlegm · 有痰		
● Digestive problems · 胃病		
● Regurgitation · 嗳气		
● Heartburn · 胃烧灼感		
● Bloating · 胀气		
● Fullness · 饱胀感		
● Nausea · 恶心		
● Vomitting · 呕吐		
● Liver problems · 肝胆疾患		
● Jaundice · 黄疸		

	YES 是	NO 本
● Irregularities of stool · 大便不规律	定	否
• Constipation · 便秘		
• Diarrhea · 腹泻		
● Bloody stool · 便血		
● Urinary problems · 泌尿系疾患	_	
• Too frequent · 尿频		
Burning sensation · 烧灼,疼痛		
● Bloody urine · 血尿		
• Reoccuring UTI · 经常性膀胱炎	<u> </u>	
• Uncontrollable bladder · 尿失禁		
● Vascular problems · 静脉疾患		
● Thrombosis · 血栓		
● Phlebitis · 静脉炎		
● Varicose vein · 静脉曲张		
● Leg swelling · 腿部肿胀		
● Heaviness of legs · 两腿发沉		
● Calf cramping · 腓肠肌痉挛		
● Gynecological problems · 妇科		
● Menstrual cramping · 痛经		
● Heavy bleeding 经血过多		
● Cycle abnormalities · 经期不调		
<ul> <li>Are you currently using contraceptive pills?</li> <li>您服用避孕药吗</li> </ul>		
<ul> <li>Are you currently using contraceptive patches?</li> <li>您外敷激素贴膏吗</li> </ul>		
● Sexually transmitted diseases · 性病		
● Sexual dysfunction · 性功能障碍		
● Allergies · 过敏症		
● Hayfever · 花粉过敏		
● Others · 其它物质:		
● Asthma · 哮喘		
● Numbness of legs and arms · 四肢感觉障碍		
● Muscle fatique · 肌肉无力		
● Tremors · 震颤		
● Abnormalities in taste and smell · 味觉或嗅觉障碍		

	YES	NO
	是	否
b) Do you smoke? · 是否吸烟?		
If yes, how much? · 如果吸,量?		
c) Do you drink? 是否饮酒?		
If yes, how much · 如果吸,量?		
How often? · 频繁度?		
d) Are you currently on medication? · 是否用药?		
● Any particular blood-thinners · 特別是抗凝剂		
● Others? Dosage? · 其它药? 用药量		
e) Do you take illicit drugs? · 是否用毒品?		
If yes, which type? · 如果用, 何种?		
п yes, which type: Улжль, рат:		
f) Do you play sport? · 是否从事体育活动?		
If yes, what and how often a week?		
何种?每周几次?		
g) Are you exposed to any of the following climate factors at work or at home? $\cdot$		
● Breeze/Wind · 穿堂风/风		
● Humidity · 潮湿		
● Heat · 热		
● Cold · 寒		

		Ja	Nein
h) Are you often · 您	n) Are you often · 您经常感到		否
	● Angry / short-tempered · 气恼/愤怒		
	● Restless / anxious · 不安/紧张		
	● Lively / optimistic · 乐观		
	● Sorrowful · 充满忧虑		
	● Sad / depressed · 悲伤/优郁		
	• Scared / fearful · 害怕/恐惧		
	● Forgetful · 健忘		
i) Do you often feel	overly · 因下列情况感到不适		
	● Hot · 发热		
	• Cold· 发冷		
k) Do you prefer · 悠	逐更喜欢		
	● Heat · 热		
	• Cold · 寒		
3. Personal history · 个	、人史		
a) Disease · 疾病			
Do you suffer from	m·患下述疾病		
	● Hypertension · 高血压		
	● Hypotension · 低血压		
	● Diabetes · 糖尿病		
	• Infectious diseases		
	<ul> <li>(HIV, Hepatitis etc.) · 传染病(爱滋,肝炎等)</li> <li>● Tuberculosis · 结核病</li> </ul>		
	Osteoporosis · 骨质疏松症		
● Epilepsy · 癫痫 b) Unique circumstances · 特别项			
Are you carrying	Inces,特别项 an artificial heart valve? \脏瓣膜 或金属支架		
Women · 妇女	● Are you currently pregnant? · 现是否怀孕		

c) Please state any surgery, serious sickness or accident you have sustained in the past . 做过何种手术,患过何种重病,或受过何种事故伤害?

When? · 何时

What? · 何种	
Where? (Hospital duration) ·	
何地住院?	

**4.** Family history: please state if any of the following diseases have occurred in your family . 家族史: 您家族中是否经常出现下列疾病?

	YES	NO
	是	否
<ul> <li>Cardiovascular disease (Hypertension, Infarction etc.).</li> <li>循环系统疾病(高血压心肌梗塞)</li> </ul>		
• Stroke · 中风		
<ul> <li>Allergies (Asthma, Hayfever, food allergies etc.)</li> <li>过敏症(哮喘,花粉病,食物过敏等)</li> </ul>		
● Cancer · 癌症		
● Diabetes · 糖尿病		
● Obesity · 肥胖		
<ul> <li>Neurological diseases (Multiple sclerosis etc.) 神经系统疾病(多发性硬化等)</li> </ul>		
● Rheumatism · 风湿病		
• Epilepsy. 发作性疾病(癫痫)		
<ul> <li>Psychiatric disorders (Depression, schizophrenia etc.) 精神疾病(抑郁症,精神分裂等)</li> </ul>		
• Others · 其他疾病		

Thank you for your assistance.

Date

Signature of therapist